

**Department of History & Pakistan Studies**  
**Arts & Humanities**  
**University of the Punjab, Lahore**  
**Course Outline**



<b>Programme</b>	BS Pakistan Studies	<b>Course Code</b>	PS/304	<b>Credit Hours</b>	3
<b>Course Title</b>	Women Empowerment in Pakistan				
<b>Course Introduction</b>					
This course deals with the women in the History of Pakistan it creates awareness about gender order, its miseries and problems in world as well as in the present society in Pakistan. It focuses upon the women rights and women contributions in struggle movement as well as in the History of Pakistan.					
<b>Learning Outcomes</b>					
On the completion of the course, the students will know:					
<ol style="list-style-type: none"> <li>1) It creates awareness about women rights</li> <li>2) It sharpness the analytical skills about general discriminations</li> <li>3) It enhances the ability of student to remain cooperative with the female section of society.</li> </ol>					
<b>Course Content</b>				<b>Assignments/Readings</b>	
<b>Week 1</b>	The Cultural and Legal Status of Women				
	Women's Status in Islam				
<b>Week 2</b>	Customary Law and Tradition				
	International Convention: Covenant on the Elimination of all forms of Discrimination Against Women (CEDAW)				
<b>Week 3</b>	Roots of Pakistani Women's Status				
	Impact of Colonization				
<b>Week 4</b>	Education of Muslim Women in Colonial India				
	Women in the Pakistan Movement				
<b>Week 5</b>	Social, Economic and Political Status of Women				
	Women's Roles, Status and Violence				
<b>Week 6</b>	Education and Reproductive Health				
	Economic Participation				
<b>Week 7</b>	Empowerment: Decision Making and Political Participation				
	Women and Development:				
<b>Week 8</b>	Welfare Approach: 1947-1975				

	Women in Development: 1975-1985	
<b>Week 9</b>	Gender and Development: Since 1985	
	Institutional Mechanisms:	
<b>Week 10</b>	Women, Marriage and the Family	
	Child Marriage	
<b>Week 11</b>	Marriages to the Quran	
	Dowry	
<b>Week 12</b>	Domestic Violence	
	Honour Killings	
<b>Week 13</b>	Cultural Image of Women	
	Women in Urdu Literature	
<b>Week 14</b>	Portrayal of Women in the Media: TV, Radio, Newspapers, Magazines, etc.	
	Women's Rights and Organizations	
<b>Week 15</b>	Women's Organizations	
	Women's Movement	
<b>Week 16</b>	Commissions and Committees	
	The Cultural and Legal Status of Women	

### Textbooks and Reading Material

#### **Basic Reading**

Zafar, Fareeha. *Finding Our Way: Readings on Women in Pakistan*. Lahore: ASR Publications, 1991.

#### **Recommended Books:**

Mumtaz, Khawar and Farida Shaheed. *Two Steps Forward, One Step Back?* Lahore: Vanguard Books, 1987.

Human Rights Commission of Pakistan. *State of Human Rights in 1994-2000*. Lahore, 1995-2001)

Government of Pakistan and UNICEF. *Situation Analysis of Children and Women in Pakistan*. Islamabad, 1992.

Chandra, Keshav. *Women, Law and Society*. New Delhi: Aarti Prakashan Publishers, 2012.

Haq, Mahbub UL. *Human Development in South Asia 2000: The Gender Question*. Karachi: Oxford University Press, 2001.

Hasan, Zoya. *Forging Identities: Community, State and Muslim Women*. Karachi: Oxford University Press, 1996.

Joyce, James A. *Human Rights: An International Document*. New York: Oceana Publications, 1978.

Mirza, Sarfaraz Hussain. *Muslim Women's Role in the Pakistan Movement*. Lahore: Research Society of Pakistan, 1969.

Government of Pakistan. Pakistan National Report: *Fourth World Conference on Women*. Beijing, 1995.

Zafar, Fareeha. *Finding Our Way: Readings on Women in Pakistan*. Lahore: ASR Publications, 1991.

Mehdi, Rubiya. *Islamization of Laws in Pakistan*. London: Routledge, 1994.

Naheed, Kishwer. *Women: Myth and Realities*. Lahore: Sang-e-Meel, 1993.

Bari, Farzana. *Women in Pakistan*. Islamabad: Asian Development Bank, Programs Department, 2000.

Patel, Rashida. *Islamization of Laws in Pakistan*. Karachi: Faiza Publishers, 1986.

Zaheer, Akram and Shafqat Jabeen. *Political Empowerment of Women and their participation in Legislation: A Case Study of Pakistan 2000-2013*. Munich: Grin Publishing, 2016.

Khan, Ayesha. *The women's Movement in Pakistan: Activisms, Islam and Democracy*. London: I.B. Tauris, 2018.

Shahid, Ayesha. *Silent voices, untold stories. Women domestic workers in Pakistan and their Struggle for Empowerment*. Karachi: Oxford University Press, 2010.

### Teaching Learning Strategies

1. Weekly Lectures
2. Term Papers
3. Review Essay of selected chapter/article from the reading list
4. Presentations
5. Book Review

### Assignments: Types and Number with Calendar

1. Book Review---- 4<sup>th</sup> Week (5 Marks)
2. Review Essay--- 8<sup>th</sup> Week. (5 Marks)
3. Term Paper-----16<sup>th</sup> week (10 Marks)

### Assessment

Sr. No.	Elements	Weightage	Details
1.	Midterm Assessment	35%	Written Assessment at the mid-point of the semester.
2.	Formative Assessment	25%	Continuous assessment includes: Classroom participation, assignments, presentations, viva voce, attitude and behavior, hands-on-activities, short tests, projects, practical, reflections, readings, quizzes etc.
3.	Final Assessment	40%	Written Examination at the end of the semester. It is mostly in the form of a test, but owing to the nature of the course the teacher may assess their students based on term paper, research proposal development, field work and report writing etc.